

50 LESSONS

AFTER 30 YEARS

41 KEEP A JOURNAL



A great way to grow is by documenting experiences and ideas. Set aside time each day to reflect and write. No one else needs to see your notes, and there's power in reviewing periodically.

42 ACCEPT OR ACT



Not all conditions in life are ideal, but we have two choices: 1) accept the situation or 2) change it through action. When immediate action isn't possible, prepare and be ready when conditions permit.

43 FIND THE GOOD



Problems and adversity are everywhere and easy to find, but the good is often hidden. Look for it and give it a spotlight. Tell others when they've done well and highlight positive aspects that get overlooked.

44 BE LOYAL



Loyalty goes both ways. Don't expect commitment if you're not willing to do the same. From friendship to business and marriage, mutual commitment and ethical behaviors lead to enduring trust.

45 CELEBRATE ACCOMPLISHMENTS



Recognizing significant milestones and accomplishments brings closure and enables renewal. It reinforces the value of previous activities and allows us to begin new endeavors.

MORE GREAT IDEAS TO IMPROVE YOUR CAREER AND LIFE

46 KNOW THE RULES



Most organizations have unwritten rules and expected behaviors. Pay attention and use these to become successful. Know the consequences and only deviate when rewards exceed the risk or in emergencies.

47 DO SOMETHING

Don't stand there and just watch life go by. When a volunteer is needed, get involved. When someone needs a friend, be one. You only get one trip on the ride of life, so make it count.



48 LIVE IT OUT

The greatest book of wisdom tells us that faith is empty without actions. Live what you believe and make sure your actions show others who you are.



49 ENJOY THE RIDE

Life is a journey, not a destination. The quicker we realize this, the more we appreciate each experience. Tomorrow isn't guaranteed, so smile and enjoy each step. Make memories today that bring enduring joy.



50 FEAR NOT

This is the most repeated guidance in the bible and is just as accurate today as it was more than two-thousand years ago. Modern life makes this a challenge, but you don't need to go it alone. Have faith and fear not.

